

DAY 8-14 DEVOTIONALS

Days of Prayer

WEEK 2

RESET



E Z E K I E L 3 6 : 2 6 - 2 7

²⁶ *And I will give you a new heart—I will give you new and right desires—and put a new spirit within you. I will take out your stony hearts of sin and give you new hearts of love.* ²⁷ *And I will put my Spirit within you so that you will obey my laws and do whatever I command.*

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WEEK TWO

Days 8-14





*Delight yourself in the Lord, and He will give you
the desires of your heart.*

P S A L M 37 : 4

Consider

What are the desires of your heart? A question we have all thought about. Your heart's desire is everything you secretly dream about, visualize or imagine. Maybe you desire to be married or have children. Perhaps you've always desired to start a ministry or a business. Or what about financial freedom and abundance? Is that your dream? Whatever the desires of your heart, it's never too late to receive them. No matter how old you are or how long you've been waiting — God wants to give you the desires of your heart.

Takeaway

In order to receive the desires of our hearts, we need to RESET our desires and re-align them with what God has planned for us. God gave us the blueprint to achieve the desires of our heart. The scripture says, "Delight, yourself in the Lord.." We need to be surrounded by His presence and bask in His glory every day. We need to show Him honor and praise and give our love and gratitude to our God. We need to be positioned in His delight. Once we delight ourselves in the Lord, THEN...."He will give you the desires of your heart." You can expect God's movement in your life when your thoughts and desires match his. He desires to bless you more than you want to be blessed, so commit your way to the Lord. If you entrust your entire life to the King's agenda, He will act on your behalf with righteousness and justice.

Prayer

Lord, thank you for creating me with purpose and desires. Please forgive me if I have complained or ignored your will in my life. May you reset my thoughts, plans and actions to align with what you have created me for. Help me to live the life you have purposed for me with great joy, peace and abundance. Thank you, Father, for the great work in me, I will give you all the honor and glory. We pray this in your name, Jesus, amen.



Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.

R O M A N S 1 2 : 2

Consider

We were created with emotions. We naturally react in certain ways when situations arise. In these situations, we can allow the cares of this world to triumph. When being faced with a negative doctor's report or a loss of a job, we automatically go into panic mode and start thinking, "God, where are you?" When instead, we should restrain those feelings with the fruit of the Spirit: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. This helps us to surrender our mind for total transformation and respond in a way that honors God. When God transforms us from the inside out, our thoughts change, and our emotions should follow. When we allow Jesus to be the leader of our lives, He helps to reset our emotions.

DAY 9 • RESET MY EMOTIONS

Takeaway

Our emotions should not define us, nor should they control us. God knows the plans and purposes for our lives. Take back your freedom and place it in the hands of who knows it best! Allow God to reset your emotions so you can respond to the things of life with the fruits of the Spirit in mind.

Prayer

Lord, equip me to manage my emotions rather than being controlled by them. I shall trust in your word and renew my thoughts to the things that are good and pleasing in your sight. I have been feeling certain emotions, but I choose to position myself to receive all that you have for me. Today, I choose to glorify you and not my emotions. In Jesus name, Amen.



DAY 10 • RESET MY EXPECTATIONS

My soul, wait silently for God alone, for my expectation is from Him.

P S A L M 6 2 : 5

Consider

What expectations did you have for this past year? Were there plans for a wedding, graduation, job promotion, new home or any other special event? The definition of the word Expectation is, “a strong belief that something will happen or be the case in the future”. What a great feeling it is when all our expectations are met. It brings us so much joy. Unfortunately, there are moments when that is not the case. This past year was a good example of that. It was a year of unexpected events. We need to make sure that our expectations are Christ-centered and not self-centered. When we are Christ-centered, we have an everlasting hope and we rest in God.



DAY 10 • RESET MY EXPECTATIONS

Takeaway

Taking time to get to know God intimately through His word and through prayer helps us align our expectations according to His will. Being in God's will gives us peace knowing that He is in complete control and is directing our path. Even when we hit obstacles along the way, we are confident since we are no longer leaning on our own understanding but trusting, with all our heart, God's purpose and plan for our lives. With God there is so much to look forward to. So, allow Him to reset your expectations. When He does, the central expectation we should have is found in God's will being accomplished in your life.

Prayer

Father, we ask that in all that we do, we would first give it to you. Help us not to go ahead of your plans but to wait on you. To truly trust you with all our hearts. Let us not lean on our understanding but help us to seek your direction and counsel. We know that with you, we will not fail. Please forgive us of any self-centered expectations and for trying to be wise in our eyes. May all our expectations be based upon your word. Help us to reset our expectations according to your plans and not ours. In Jesus' name I pray.

9 But you are a chosen people, a royal priesthood, a holy nation, God's special possession, that you may declare the praises of him who called you out of darkness into his wonderful light. 10 Once you were not a people, but now you are the people of God; once you had not received mercy, but now you have received mercy.

1 P E T E R 2 : 9 - 1 0

Consider

In this passage, Peter describes Christians in a number of ways. Through Jesus Christ, we have access to God and need no other human priest to represent us or intercede for us because we are a royal priesthood. We identify with Jesus, as He is the head of a new race of people, a chosen people. The people of God are a holy nation—not a perfect people, but a people set apart with a passion and mission to live corporately to love and serve God. When we choose to follow Jesus and honor God with our lives, we take on this new identity. God comes in and helps us to reset how we identify ourselves.

DAY 11 • RESET MY IDENTITY

Takeaway

If we're honest with ourselves, we often feel insecure. Those who hide it best often feel it most. But our insecurity is an invitation from God to escape the danger of false beliefs about who we are and find true peace in who He is. At the heart of what it means to be a Christian is to receive a new identity. In Jesus, we do not lose our true selves, but we become our true selves. His joy becomes our joy; His love, our love; His peace, our peace; His strength, our strength. That's why it is imperative for us to reset our identity in this new season. We don't identify our lives with anything or anyone else. We identify ourselves with our creator and who He says we are.

Prayer

Lord, forgive me for being so negative and for talking so badly about myself after You have given me so much! I have no excuse for accepting defeat or low self-esteem as a way of life. Help me to see that You have made me totally new! Help me renew and reset my mind to the truth about who You have made me to be. Help me guard the words of my mouth so that instead of speaking less of myself, I affirm the truth about who I am in Christ. I pray this in Jesus' name!

DAY 12 • RESET MY RESPONSES

Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.

E P H E S I A N S 4 : 3 1 - 3 2

Consider

Consider the lines in our church's closing prayer every Sunday, "Help us to be... a people that always build up, and never tear down, that always encourage, and never discourage. A people and a church, that take a message of Hope, everywhere we go, to everyone we meet." Notice it doesn't have any conditions like "except towards those who... we don't like, anger us, mistreat us, think they're better than us, who hurt us, who don't deserve it." If we are honest, that could be a never-ending list. The Bible tells us how to handle those people, situations, and moments. Be kind, tenderhearted, and forgive one another. It clearly teaches us what are responses to life should be.



DAY 12 • RESET MY RESPONSES

Takeaway

How often are you quick to respond, based on emotions, feelings, moods? We ignore that sometimes we are clearly disobeying God's instruction on how we should be responding to some of those very things that rub us the wrong way. We are quick to speak, slow to think, or even pray. We often say and do things we can't take back once it's said or done. Ask yourself, "Am I speaking life today?" "Am I building up and encouraging?" "Am I sharing HOPE through my responses?" Allow the Holy Spirit to reveal to you how to adjust your habits of responding. Ultimately, being more aligned with God and His Word, and walking in the same kindness, tenderheartedness and forgiveness He offers us, will allow for a reset in the way we respond to people and situations.

Prayer

Jesus, thank you for new beginnings and fresh starts. Thank you for the grace and mercy you offer to me each day. I pray that you will do a work in my heart, so that the way I respond to people and things, whether favorable or not, will be one that reflects the same love, kindness, tenderheartedness, and even forgiveness that you offer to me. Lord, you are my refuge and strength. Thank you for the confidence I have that I do not walk life's journey alone. Whatever I am faced with, help me to respond like you would. Break old habits and patterns, and help me to be your light and love on display, always bringing a message of Hope, everywhere I go, to everyone I meet. Amen.

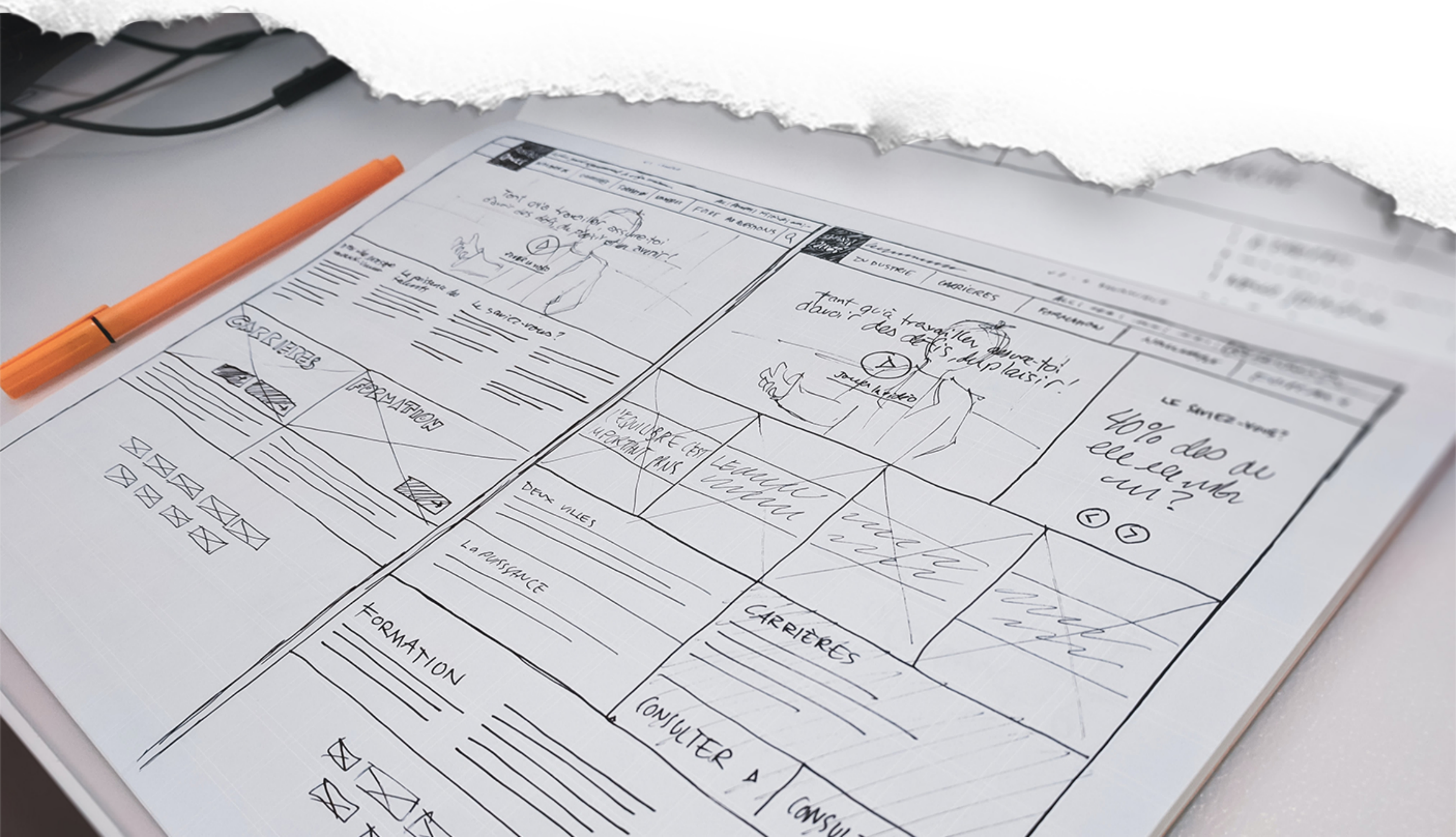
DAY 13 • RESET MY PLANS

*Commit your work to the Lord, and your plans
will be established.*

PROVERBS 16:3

Consider

This past year we were unable to accomplish what we thought we were going to. Now, in this new year, we need to reset our plans. A new season brings new challenges, new opportunities and new ideas. Of course, there will be many plans in your heart and in your mind, but to whom are you committing those plans? Make sure to commit your work and plans to the One that is more than able to help you in every step of the journey. Only He can help you reset your plans for this coming season.



DAY 13 • RESET MY PLANS

Takeaway

Almighty God wants not only to hear your plans, but He also wants to be involved. He wants to help you to establish those plans so you can achieve your goals. Therefore, spend time with God. Step into his office through prayer and tell him all the desires of your heart, ask for wisdom to recognize the right opportunities. And as you do that, He will reveal to you the plans you should have for this year. Just make sure you stay committed whole heartedly to what He speaks to you. It doesn't mean that it is going to be easy, but be strong and courageous as God resets your plans. Do not be afraid; do not be discouraged, for the Lord your God will be with you.

Prayer

Father, thank you for your love! Please help me to establish a strong relationship with you. Allow me to share with you every desire and every plan that I have in my heart for this new season. Thank you, Father, for allowing me to reset my plans with you as my partner. I give you all the honor and all the glory. In the name of Jesus I pray, Amen.

8 So keep your thoughts continually fixed on all that is authentic and real, honorable and admirable, beautiful and respectful, pure and holy, merciful and kind. And fasten your thoughts on every glorious work of God, praising him always. 9 Follow the example of all that we have imparted to you and the God of peace will be with you in all things.

P H I L I P P I A N S 4 : 8 - 9

Consider

If we're going to talk about resetting our thoughts, we need to have a base understanding of what resetting means: "to set again or differently". We go through life and we experience a myriad of situations and emotions. Each one of those experiences can inform our thought-life; for better or worse. That's why I love what James Allen wrote in his book *As a Man Thinketh*:

"You are today where your thoughts have brought you; you will be tomorrow where your thoughts take you."

DAY 14 • RESET MY THOUGHTS

Takeaway

What we choose to think about will dictate what our lives will be like. The thoughts that live in our mind day-in and day-out can move what we know as truth out of the way. That's why Paul said to keep your thoughts continually fixed on things that are praiseworthy to God. We have to set our own thoughts aside and re-set them back to where God intended them to be; on things that are authentic, real, honorable, admirable, beautiful, respectful, pure, holy, merciful, and kind. It's then that the God of peace will be with you in all things.

Prayer

God, thank you for always being the God of peace. You created me with love, joy, and peace in my mind and I want to reset my thoughts back to where they need to be. I choose to continually keep my thoughts fixed on You as I go through different situations and experience different emotions. I pray that throughout my life, I can find moments to share the gift of peace that you gave to me with others so they can find rest in you. In Jesus' name, Amen.





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