# Days of Prayer week 3



<sup>26</sup> And I will give you a new heart—I will give you new and right desires—and put a new spirit within you. I will take out your stony hearts of sin and give you new hearts of love. <sup>27</sup> And I will put my Spirit within you so that you will obey my laws and do whatever I command.



### WEEK-THREE

Days 15-21



Commit your way to the Lord; trust in him, and he will act.

PSALMS 37:5

#### Consider

We live in a world where trust must be earned and seems to be in short supply. But David, the famous king who wrote this Psalm, knew that trust is exactly where we must start: Trust starts with God! Most of us have faced disappointments from people we've trusted, which have convinced us of the lie that we can only depend upon ourselves. We think to ourselves, "I can't trust anyone, but myself!" The problem with that mentality is that it often leads us to believing that God is also untrustworthy. But living the life God has called us to means we have to unlearn those thought patterns and RESET our trust to God.

#### **Takeaway**

Here are seven steps you can apply to reset your trust in God and start "committing your way to the Lord."

- 1) CRY OUT TO GOD. With your thoughts and lips, tell God that you are dependent on Him.
- 2) RUN FROM EVIL. Stay off the road of sin and stay on the road of obedience that leads to blessing.
- 3) PUT GOD FIRST. Dethrone you and enthrone God. No more "me-first" living!
- **4) CHECK YOURSELF.** Is your heart's affection aligned with God's will for your life?
- 5) LISTEN TO THE SPIRIT. Address what He is saying to you.
- 6) STAY IN THE WORD. The truth is a lamp unto your feet.
- 7) REST IN GOD'S LOVE AND PROMISES. When you doubt if God cares, His love will lift you! No more delay, start today and reset your trust in God.

#### Prayer

Jesus, thank you for being so trustworthy! You know best! You created me and loved me, and I place every concern and challenge in my life into your hands. I may not know the answer to every problem, but you do! Thank-you! Forgive me for the times I've trusted myself and have leaned on my own understanding. I repent, resetting my trust in you, and I turn back to you! You are first in everything! I place my future in your loving hands. Thank you, Abba, for helping me reset my trust.

#### DAY 16 · RESET MY UNDERSTANDING

5 Trust in the Lord with all your heart, and do not lean on your own understanding. 6 In all your ways acknowledge him, and he will make straight your paths.

PROVERBS 3:5-6

#### Consider

The words "trust in the Lord" means having total security in who God is. It's comparable to how a child trusts their parents. A child has a sense of security, confidence, and faith in their mother and father. In the same way, we must place our hope in God and be secure in knowing He is for us. Doing so leaves no room for anxious thoughts or worry to fester inside us, but rather we can entrust our entire life to God's sovereignty. The author goes on to say, "do not lean on your own understanding". Now let's be honest and admit that this is easier said than done! However, when we lean completely into the strong arms of God, we then allow God to take the helm of what He perfectly already knows. It's there we can acknowledge in ALL of our ways and admit to ourselves that the reality is... God's got us! He's never once failed us, and He promises He never will. When we reset our understanding, we must choose to not lean on our own knowledge or experiences. We must give God the full authority to sit on the throne of our hearts. It is only then that He will begin to order our steps and reset our understanding.

#### DAY 16 • RESET MY UNDERSTANDING

#### **Takeaway**

Be reminded today that the Lord has your back! He wants to establish our steps and lead us to a blessed life. Even when we don't understand the "why" or the "how", be assured that the Lord knew it was going to happen. His ways are higher than our ways and His thoughts are higher than our thoughts. Never forget that He promises His goodness and mercy will follow us for the rest of our days. Choose to reset your heart and mind. Acknowledge God for who He is and invite Him to lead and guide you with His love and understanding.

#### **Prayer**

Lord, thank you for wanting to walk with me every step of the way in my life. Thank you for your hand that has protected me and guided my footsteps. I come to You Lord in full surrender, asking you to take my heart, asking to help me reset my understanding, so that you can have full access to my life. Help me to not lean on my own understanding and thoughts, but to acknowledge that your ways are higher than mine. I am confident in you; I am secure in you and I align my will to yours. In Jesus' name, amen!



#### DAY 17 · RESET MY WILL

And He went a little beyond them, and fell on His face and prayed, saying, "My Father, if it is possible, let this cup pass from Me; yet not as I will, but as You will."

MATTHEW 26:39

#### Consider

Life is full of great times, good times and rough times. Last year was rough globally, yet we see God's hands weaving beauty amid chaos. There is no time like the present to review our lives and relationship with the Lord and ask some key questions like... what is the posture of my heart in every type of season? When things are working in my favor, is it still, Lord let your will be done? When I don't know my next step, is it still, Lord let your will be done? Do you know where you stand when it comes down to the will of God for your life?

We all have desires, visions and goals for our lives and that's good. Our Father in heaven desires for us to dream. Many times, due to what we see, hear and experience, our desires can be birthed out of our environment and not out of His promises and will for our lives. Its's not that we don't want His will, but are we diligently praying and pursuing His will?

#### DAY 17 • RESET MY WILL

#### **Takeaway**

Self-awareness of how our soul, spirit and body are doing gives us room to shift, reset, realign and grow so we can flourish in the will of God. At times we may not understand what He is doing and at times things may be great and amazing. Other times it can be painful, uncomfortable, and not what we thought it would be. Yet, it is in His perfect will we persevere, endure, and overcome as the conquerors He said we are. The key to knowing God's will, knowing His heart for your life, is growing in relationship with Him and receiving His word in your heart. This empowers you to live in His will boldly, courageously with power and authority in the abundance that He says is yours. Today, reset your will and allow your soul to align with Him by declaring, "not as I will Lord, but as You will."

#### Prayer

Almighty Father, from the beginning of time to now, you are and will continue to be good. Your will for my life is yes and amen and I'm grateful. Forgive me where I have derailed from the path you have forged for me and ventured off on my own. I'm sorry for moving without You. Today I choose to reset and reconfigure my soul to align with Your will for my life. What you have declared in Your Word about me, I receive and call into fruition for the glory of Your name. This year I will experience and reflect Your Word in ways I have never known, that all may see I belong to You. Thank You for Your grace towards me that gives me another chance to reset and go again. Today I declare not as I will Lord, but as You will in the name of Jesus Christ, amen.

#### DAY 18 • RESET MY OBEDIENCE

## Blessed rather are those who hear the word of God and keep it!

LUKE 11:28

#### Consider

As a parent, I am constantly trying to help my kids stay safe. I have their best interest in mind, but it seems like they don't understand that at times. They still have a desire to do what they want to do, going against what I originally asked them to do. They go on to do what they were told not to do, and they can find themselves getting hurt. And because they remember the pain that was caused from their disobedience, there is now an understanding that maybe obeying the one who loves me is the best decision to make.



#### DAY 18 · RESET MY OBEDIENCE

#### **Takeaway**

Our choices have consequences to them, whether good or bad. Parents know what is best for their children, to keep them safe and provide what they need. Obedience from the child is key.

Even more so, we should remember that God the Father knows what is best for us! He sees our past, present and future. He designs our paths purposefully. He provides moments for us to choose obedience to propel us further into his ultimate plan for our lives. The last thing we should want, is to miss out on that opportunity to be obedient and find ourselves far from the love and protection God wants to provide to us. Make the declaration boldly to reset your obedience!

#### **Prayer**

Dear Heavenly Father, thank you so much for your love. You order my steps and have designed a purpose for my life. Help me to rest my obedience to you! Help me not miss any opportunity that you have given me to obey your will for my life! I know you love me and care about me. I know you have plans not to harm me. So, I choose to obey you in every aspect of my life. In Jesus' name I pray! Amen.

#### DAY 19 · RESET MY HEART

Create in me a pure heart, O God, and renew a steadfast spirit within me.

PSALM 51:10

#### Consider

The greatest change that can occur in us is when Christ comes into our hearts as our Savior and Lord. Once we make that decision, then everything about us changes. Jesus said to Nicodemus, "Very truly I tell you, no one can see the kingdom of God unless they are born again" (John 3:3). Nicodemus was right in saying that this could not happen naturally, but we know that all things are possible with God (Matthew 19:26). Incredibly, more than 500 years before Jesus spoke to Nicodemus, God had said to His people, "I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh" (Ezekiel 36:26). Jesus was helping Nicodemus, and all of us, understand that He is the only one that can reset our hearts. Once we choose to follow Jesus, God starts the process of renewing us by creating a pure heart within us.

#### DAY 19 • RESET MY HEART

#### **Takeaway**

Though this transformation of our heart is a miraculous process, we must know and be aware that our hearts can sometimes stray and need to turn back to God. That is why the psalmist David asked God to cleanse him and "renew a steadfast spirit within" him. David knew personally the bitter experience of straying from God. David's sin and drifting had caused havoc not only in his life, but for his family as well. May we always be repentant and seek to be renewed by God not only when we stray, but daily. If you have drifted far from Him, allow Him to reset your heart today.

#### **Prayer**

LORD, search me and know my heart today. Try me and know my thoughts. See if there be some wicked way in me; cleanse me from every sin and set me free. Reset my heart and my priorities. My life is not my own, you have bought it with a price. I surrender to you today. Take control and lead me so you can create a pure heart in me. In Christ, Amen.



#### DAY 20 · RESET MY PEACE

Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid.

JOHN 14:27

#### Consider

When Jesus told His disciples about the betrayal against Him and how He would leave to be in Heaven with God, the disciples were concerned being without Jesus in the flesh. Jesus comforted His disciples in explaining that God will "give you another advocate to help you and be with you forever."

The beautiful thing about this promise is all we have to do is, love God, keep His commandments and accept the Holy Spirit's peace.



#### DAY 20 · RESET MY PEACE

#### **Takeaway**

Life doesn't treat anyone differently. We will all face some kind of issues in this life, that is certain. At times we can believe that we deserve what happens to us in life, but that's not always the case. Life will happen regardless if we are a "good" or "bad" person and there is nothing we can do to change that outcome. But what we can do is put our trust in God. He is the One who gives us peace to walk through hardships and storms. We can have peace knowing that God is God over all and He is on our side. What allows one to walk through life without being overwhelmed is God's peace through His Holy Spirit. He desires to grant us His peace that passes all understanding. We can experience a peace of mind that will help us through any situation because we know who is ultimately in control. With His help, choose to reset your peace.

#### Prayer

Father, thank you for sending your one and only Son to die for the sins of the world so we may have a personal relationship with you. We now have The Holy Spirit who you've sent to live within our hearts. We know life will hit us and knock us down, but we know we have an advocate to help us and be with us forever! Reset my peace today and give me your understanding. Amen.

He brought out His people with joy, His chosen ones with gladness.

PSALM 105:43

#### Consider

The nation of Israel experienced great affliction in Egypt for four hundred years. It was years of generational suffering in bondage and oppression, but they continued to cry out to the Lord to save them. God heard their cry and chose to show them His greatness. Through many plagues released on Egypt and His miraculous work of parting the Red Sea for the nation of Israel to cross on dry ground, God provided a safe passage for His people to step foot onto a new land. They were free from slavery and affliction. "Then Miriam the prophetess the sister of Aaron, took the timbrel in her hand; and all the women went out after her with timbrels and with dances." (Exodus 15:20) They praised the Lord with great joy for He heard their cry and brought them out of the hands of Egypt.

#### DAY 21 • RESET MY JOY

#### **Takeaway**

We have experienced a global pandemic that has changed the way we live today. And even in the midst of that we must remember that we are children of the Most High. He has heard our prayers and has brought us safely into a new year. He will continue to be our guiding light that will keep us under His protection. He delights in protecting His chosen people and that includes you! Reset your joy today because the joy of the Lord is your strength. So, REJOICE and sing praises with joy and gladness because we all have experienced the goodness of the Lord. HALLELUJAH!

#### Prayer

Heavenly Father, thank you for making yourself present in my life throughout this past year. My heart is filled with joy to be able to stand here before you today to experience another year of your greatness. Thank you, Lord, for your protection over me. Therefore, I will sing praises and shout it from the mountain top all You have done in my life. Your joy is my strength. In Jesus' Name...Amen!





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