

# BREAK THROUGH

**21 DAYS OF PRAYER AND FASTING**



## **LETTER FROM PASTOR TOM**

**We are so glad you have decided to participate in an extended time of prayer, fasting and personal devotion for these next 21 days. There really is no better way to be spiritually aligned and attuned with God than through prayer and fasting. Our hope is that this time of prayer and fasting will draw us closer to God personally as we seek His face, His blessings, His breakthrough, and His directions for our lives.**

**Whether you have done a 21-day season of prayer and fasting before, or if this is your first time, you can start where you are and experience what God has in store for you in a powerful way. Daily devotions, scripture reading and suggested prayers are included in this booklet. Please commit to reading them each day.**

**We pray that you will experience the presence and power of God and His breakthroughs for your life in an extraordinary way as you commit yourself to Him over the next 21 days.**

**As you prepare for the next 21 days, think about why you are fasting. Is it for a specific breakthrough, spiritual renewal, for guidance, for healing, for the resolution of problems? Is it all of these things? Ask the Holy Spirit to clarify His leading and objectives for your fast. This will enable you to pray more specifically and strategically. Think about the top two or three most pressing issues on your heart and zone in on those with God. Write these down in the spaces provided on the following page, and be open to hearing what God wants to show you in those areas.**

**When praying, make your primary goal to know Jesus more and experience Him. Focus first on what's right about Him, such as His goodness and His greatness, and see everything else through that filter.**

**Finally, make time to pray daily. Don't overcomplicate this! Just talk to God. Have that place and time where you can seek Him every day. If you don't plan to pray, you won't. Pastor Candi and I are believing for you!**



**PASTOR TOM**

**DURING THIS FAST, I AM PRAYING  
AND BELIEVING GOD FOR:**

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**Jesus implied that all of His followers should fast (Matthew 6:16-18; 9:14-15). For Him it was a matter of when believers would fast, not if they would do it.**

**The power of prayer and fasting is an arsenal that our Lord has given us to destroy the strongholds of evil and bring about great breakthroughs in our lives, our families, our church and across nations.**

**We ask you to join us for these 21 Days of Prayer and Fasting as we consecrate ourselves to God. On this journey, set aside time to read through this devotional, study and pray the scriptures.**

**Whether you have prayed and fasted before, or if this is your first time, you can start where you are and experience what God has for you during this spiritual journey.**

## **WHAT IS FASTING?**

**Fasting is a principle that God intends for all His children to experience. In our time of fasting we make sacrifices so that we can focus more on our need for God. It is during these times of fasting where we get to turn down the noise of life to hear the voice of God. When you fast, you open up the blessings, opportunities and Kingdom access God has provided to you.**

**“Is not this the fast that I have chosen to loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free, and that ye break every yoke?” Isaiah 58:6**

## **PREPARING SPIRITUALLY**

- **Confess your sins to God (1 John 1:9).**
- **Seek forgiveness from all whom you have offended, and forgive all who have hurt you (Mark 11:25; Luke 11:4; 17:3-4).**
- **Ask God to fill you with His Holy Spirit according to His command in Ephesians 5:18 and His promise in 1 John 5:14-15.**
- **Ask the Holy Spirit to reveal areas of weaknesses.**
- **Surrender your life fully to Jesus Christ as your Lord and Master; refuse to obey your carnal nature (Romans 12:1-2).**
- **Meditate on the attributes of God, His love, sovereignty, power, wisdom, faithfulness, grace, compassion, and others (Psalm 48:9,10; 103:1-8, 11-13).**
- **Begin your time of fasting and prayer with an expectant heart (Hebrews 11:6).**
- **Ask the Holy Spirit for guidance. Pray daily and read the Bible.**

## **DECIDING WHAT TO FAST: MAKE YOUR COMMITMENT**

Before you fast, decide ahead of time the type of fast God wants you to undertake:

- **FULL:** Drink only liquids, usually just water (please consult a physician before beginning a full fast.)
- **DANIEL:** Eat no meat, no sweets and no bread. Eat fruits and vegetables only. Drink water and/or vegetable juice.
- **PARTIAL:** Usually from sun up to sun down. You may also choose to fast a meal as your partial fast.

What's the duration of your fast—one meal per day, sun up to sun down, a week, several weeks?

What physical or social activities will you restrict?

How much time each day will you devote to prayer and God's Word?

Making these commitments ahead of time will help you sustain your fast when physical temptations and life's pressures tempt you to abandon it.

Don't let what you eat or do not eat become the focus of your fast. Our focus should be on drawing closer to God. This is a time to disconnect enough from your regular patterns and habits in order to connect more closely to God.

When fasting from food you may also want to consider other distractions to fast. Maybe it's TV, social media, apps on your phone, electronic devices, video games, etc. We all have little things that attempt to rob us of our time with God—think through what that might be for you and make a decision to abstain from it during this 21 Day journey. Saying no to these things allows us to say yes to something greater... God!

Remember that it is the attitude of a heart sincerely seeking God that receives a blessing. If you sincerely humble yourself before the Lord, pray, and seek God's face through His word, you will experience a heightened awareness of His presence (John 14:21). The Lord will give you fresh, new spiritual insights. Our prayer is that this will be a significant time in your life where you experience God's presence like never before!



**1** WEEK

# 1: THE STRATEGY OF PRAYER AND FASTING

**MATTHEW 6:17**  
**"BUT WHEN YOU FAST, PUT OIL ON YOUR HEAD AND WASH YOUR FACE."**

## **REFLECTION:**

Notice Jesus said, "When you fast" not "If you fast". So, when we fast, we must humble our souls (Ps. 69:10). Fasting makes you more sensitive to the Spirit, enabling you to hear that still, small voice. Fasting helps you to cultivate an intimacy with Jesus that will subdue carnal tendencies. Sometimes you have to fast to break a yoke of bondage, especially if your fleshly habits have given the enemy a foothold. Isaiah 58:6 tells us, "Is not this the fast that I have chosen: to loose the bonds of wickedness, to undo the heavy burdens, and to let the oppressed go free, and break every yoke?"

Fasting positions us to hear God's directives. During the early church days the apostles' decisions were made through fasting and prayer; God gave them instructions and directions. "While they were worshipping the Lord and fasting, the Holy Spirit said, 'Set apart for me Barnabas and Saul for the work to which I have called them.' So after they had fasted and prayed, they placed their hands on them and sent them off" (Acts 13:2-3).

Fasting changes our hearts. The entire city of Nineveh fasted, upon hearing the pronouncement of judg-

ment from the prophet Jonah -- and God spared them (Jonah 3:10). Queen Esther called a corporate fast for God's direction and she was granted divine favor. Jesus received divine preparation for His earthly ministry while fasting. Moses waited upon God with fasting for forty days and received the divine revelation of God's 10 commandments.

Fasting doesn't change God, it changes you. Biblical fasting brings us into a closer union with God. While our bodies are being deprived for the purpose of drawing near to God, He has promised in return to draw near to us. This is a spiritual certainty. As we decrease, the Spirit increases within us.

During this season of fasting, believe God for His infilling, a spiritual awakening and breakthrough for you, your family and your church.

## **PRAYER:**

Lord, I submit myself humbly as I seek your face during this season of fasting. I pray that I will become increasingly aware of your will and your desires for my life. I pray for fresh revelation, knowledge and understanding. Cause my faith in you to be renewed and strengthened during this time of consecration. In Jesus name I pray. Amen.





## 2: WHAT IS BREAKTHROUGH?

**2 SAMUEL 5:19**  
**“THE LORD HAS BROKEN THROUGH MY ENEMIES BEFORE ME LIKE THE BREAKTHROUGH OF WATERS.”**

### **REFLECTION:**

The Hebrew word for “breakthrough” is peres and it means a gap, a break. It refers to a rupture, a tear, a breaking up or shattering of something. Our God is the God of the breakthrough. We must invite Him to intervene in our problems and situation. Through-out scripture God shows Himself to breakthrough what we see as barriers. He broke through the Red Sea for the children of Israel, the walls of Jericho for Joshua, and prison doors for Peter. He is the author of our breakthroughs!

In 2 Samuel 5 we find David in the Valley of Rephaim facing the Philistine army. Then David inquired of the LORD, saying, “Shall I go up against the Philistines? Will You give them into my hand?” And the LORD said to David, “Go up, for I will certainly give the Philistines into your hand.” So David came to Baal-perazim and defeated them there; and he said, “The LORD has broken through my enemies before me like the breakthrough of waters.” Therefore he named that place Baal-perazim, Lord of the Breakthroughs. (2 Samuel 5:19-20)

Maybe you need the God of the

breakthrough to manifest in your life. Is there some obstacle, an invisible wall that is blocking your way from walking in all that God has for your life? Do you need a breakthrough in your life? Are you facing a stubborn situation that simply won't yield, no matter how much you push or pray? If you fit this description then you are in good company. The Philistines were a stubborn adversary for the children of Israel, but the Lord of Breakthroughs will grant you your breakthrough also!

Start to know Him as the breakthrough God, who will advance you beyond your obstacles. Seek Him during these 21 days through prayer, fasting, belief, and obedience. And begin to anticipate your breakthrough!

### **PRAYER:**

Lord, you are the God of breakthroughs. Your word reminds me that you will make a pathway in the wilderness and create rivers in the desert. I declare complete breakthrough in my wilderness and in the desert situations of my life. The areas that are dry, challenging, presenting walls that seem unpassable in the natural. But you, oh Lord, have made me victorious through Christ Jesus. May every opposition that is blocking me from possessing what you have for me be dismantled in Jesus' name. Today I pray for supernatural breakthrough enabling me to see the fruit of victory at work in my life. In Jesus' name. Amen.

# 3: BREAKTHROUGH IN MY FAMILY

## PSALM 91:9-11

**“9 IF YOU MAKE THE LORD YOUR REFUGE, IF YOU MAKE THE MOST HIGH YOUR SHELTER, 10 NO EVIL WILL CONQUER YOU; NO PLAGUE WILL COME NEAR YOUR HOME. 11 FOR HE WILL ORDER HIS ANGELS TO PROTECT YOU WHEREVER YOU GO.”**

### REFLECTION:

When you place your life in the hands of God, a breakthrough not only impacts you, but it impacts your entire family! Your faith stands in the gap as a covering over your family! Satan is always working overtime to kill, steal and destroy. If he can't take you out, he will go after everyone you love and care about. He will sow discord, strife and offense in your marriage and in your children. BUT... Satan cannot do anything against the power of God. Psalms 91 gives us a powerful promise – “No evil will conquer you!” Could you take a moment and say that out loud, “No evil will conquer me or my family!” No matter what the enemy sends against you or your family, God promises to give you:

1. Protection - He assigns warrior angels to follow you!
2. Support - He holds you up so that you will never fall!
3. Authority - He gives you

boldness to crush Satan's greatest warriors.

4. Release - He gives you breakthrough in life's perilous moments
5. Presence - He provides His Spirit in times of trouble.
6. Honor - He assigns honor to your life.
7. Life - He blesses you with long days!
8. Salvation - He offers you eternity with Him!

Psalm 91 says that we must meet a few conditions if we want God's promises to be activated in our family. Take refuge in Him – you cannot separate your life apart from God. Love Him – You must find out what is competing for God's love. Trust Him – Stop setting your own agenda and let God take the lead.

Do you truly trust Him? Do you trust Him to be a God of breakthrough? Do you trust Him in your Marriage? With your kids? With your future?

### PRAYER:

Lord help me to learn to stay with you! I take refuge in you! I commit to deepening my love for you through obedience! I trust every aspect of your plan for my life! I commit my life into your hands! I thank you for your many promises! I pray that these promises would be activated over me and my family. I need a breakthrough for me and my family. Thank you for your love! In Jesus' name, Amen.

# 4: BREAKTHROUGH IN MY HEALTH (MIND / BODY / SPIRIT)

## 3 JOHN 4:2

**“DEAR FRIEND, I PRAY THAT YOU MAY ENJOY GOOD HEALTH AND THAT ALL MAY GO WELL WITH YOU, EVEN AS YOUR SOUL IS GETTING ALONG WELL.”**

### **REFLECTION:**

In the writings of John, we see the theme of wellness multiple times. First, he uses it as a general encouragement, then he prays a general blessing. In this verse, he was writing to Gaius. Scholars tell us that Gaius was an elderly saint like John himself and may have had some health concerns. John draws an analogy that emphasizes the importance of the condition of our health as well as the condition of our soul.

One main idea John seems to communicate is the fact that God wants our best and well-being. The word for “enjoy” or “prosper” used in this passage means “to have a good journey” meaning to succeed or prosper. God desires that we live in good health and that we prosper both spiritually and in our souls. He made us wonderfully and intricately as humans, and his plans for us are good, not just plans for our spiritual growth but for our physical well-being as well.

Never forget God wants you to be healthy holistically. He desires for you to be whole in your body and mind. But foundationally, the breakthrough will come when your soul is healthy. So how is your soul? How can God help you be healthy holistically?

What steps do you need to take to allow God to bring about a breakthrough in your health?

### **PRAYER:**

Lord, I come before You because You are the almighty, omnipotent, omniscient, and omnipresent one. God, you are good. In your all-sufficiency, you still love and care for me. You desire that my health spiritually and physically be made whole. I acknowledge that I may not always have taken care of my health, but I ask that you give me the wisdom to do so from this day forward as I place my well-being in your hands. Have your way in me. In Jesus' name, Amen.

# 5: BREAKTHROUGH IN MY GENEROSITY

**2 CORINTHIANS 9:10**  
**“NOW HE WHO SUPPLIES SEED TO THE SOWER AND BREAD FOR FOOD WILL ALSO SUPPLY AND INCREASE YOUR STORE OF SEED AND WILL ENLARGE THE HARVEST OF YOUR RIGHTEOUSNESS.”**

## **REFLECTION:**

In this scripture, Paul shares with the people of Corinth, the motivations and reality around giving. God, our Creator, is the one who supplies the ‘seed’ or resources to us - just as he provides us with the means for food on our table. As he provides seed to the farmer and bread for his table, in the same way, our God will provide and multiply our resources.

Paul encourages us that giving is about how to exalt God through our generosity. Of course, our Almighty God wants to bless us with financial rewards, money in our bank accounts, good jobs, etc., but it’s not solely for our personal benefit. The ultimate goal is for God’s blessing to be on the giver AND the receiver. The harvest is not for us to hoard and to keep for ourselves. Regardless of how much or how little we have, God wants to be exalted in the giving process. In verse 11 Paul states “You will be enriched in every way so that you can be generous on every occasion, and through us your generosity will result in

thanksgiving to God.” Through our generosity, people will be thanking God! Praises will go up to our Lord as they share in the harvest that has been provided! Jesus is our indescribable gift and through our generosity, others may experience the goodness of our Lord! In partnership with God is how we experience a breakthrough in our generosity.

Are you generous? Can you show more generosity to others? Do you recognize that God is your provider and that you are a steward of the resources that have been given to you? What are you doing with the harvest that has been provided for you? Pray on these questions and let the Lord speak to you about generosity and living with an ‘open hand’.

## **PRAYER:**

LORD, I am so glad to know that you love me so much that you want to make me more Christ-like. I desire your help in identifying areas where I can be more generous. Holy Spirit, help me to recognize that you are my Jehovah Jireh, the God that provides. I ask you to remove any part of me that is ‘selfish’ in nature and make me truly ‘selfless’. As you bless me, Lord, I pray that I will use what you have provided to bless others. May my generosity impact the Kingdom of God and allow more people to see and know the goodness of the Lord. Thank you, Father, for using me to help build your Kingdom and to show the love of Christ. Amen.

# 6: BREAKTHROUGH IN CONTENTMENT

**PHILIPPIANS 4:11-13**  
**“NOT THAT I AM SPEAKING OF BEING IN NEED, FOR I HAVE LEARNED IN WHATEVER SITUATION I AM TO BE CONTENT. I KNOW HOW TO BE BROUGHT LOW, AND I KNOW HOW TO ABOUND. IN ANY AND EVERY CIRCUMSTANCE, I HAVE LEARNED THE SECRET OF FACING PLENTY AND HUNGER, ABUNDANCE AND NEED. I CAN DO ALL THINGS THROUGH HIM WHO STRENGTHENS ME.”**

## **REFLECTION:**

In today's day and age, our society lives in a constant state of discontentment. Many of us may find ourselves not being satisfied with our lives. This leads to having different voids that we try to fill. Unfortunately, we try to fill those voids with things that can't satisfy. We as Christians are reminded here by Paul, that we are to find contentment in the Lord and who He is in our lives.

The only place that we can really find true fulfillment and contentment is in Christ. In fact, true contentment isn't something that we find in things, people, or circumstances. When the Holy Spirit convicts us of our discontentment, we can overreact and not trust God. It's through Christ we have the power to over-

come and remind ourselves He is more than enough in every situation.

As we learn how to walk through all kinds of adversities, we experience Christ's sufficiency in greater ways. We must choose to rest in God's good promises despite what may be going on in our lives. He is faithful, and in Him, we lack nothing. What helps us put our eyes on Him is reading His Word, being grateful for what's in our hands now, and staying obedient to His truths. When we're able to walk in the strength that is found in contentment, then and only then can we experience true joy and peace in our lives. As you reflect on your life, what are some areas that you are not finding contentment in? How can you experience a breakthrough in your contentment to consistently remind yourself that God is all you need?

## **PRAYER:**

Lord, thank you for all that you promise to be in my life. I'm grateful that you provide for me and, ultimately, are the source of all I have. Guide me to be more reliant on You and to trust You in all things. Help me to rely on Your word and stand on the promises You made for me. I believe that You will provide for my every need and in You, I lack nothing. You are more than enough, and I believe you are for me and not against me. Thank you for allowing me to find joy and peace in you. Amen.

# 7: BREAKTHROUGH OVER MY PAST

## 2 CORINTHIANS 5:17

**“WHOEVER IS A BELIEVER IN CHRIST IS A NEW CREATION. THE OLD WAY OF LIVING HAS DISAPPEARED. A NEW WAY OF LIVING HAS COME INTO EXISTENCE.”**

### **REFLECTION:**

There are moments where we all stop and remember our past. Sometimes those memories can have us feeling happy, but other times we can feel regret. Maybe you had a moment like that recently. You started to reflect on who you have been and the decisions you have made. What is dangerous about those moments is that we can start to believe the lie that we will always be that person. We can fall into the mindset of we could never change, and we will always be the sum of our mistakes.

What is amazing about God’s love for us is that He accepts us just the way we are. He looks beyond our mistakes and shortcomings. He exonerates our past and who we have been. God forgets our past, embraces us in the present, and walks with us in our future. Yes, God loves you just as you are, but He loves you too much to leave you that way.

What is remarkable about God is that while we were in our sin, He sent Jesus to reconcile our relationship with Him. And if we embrace

Jesus as our master and king, God promises to make us new. If anyone is in Christ, he is a new creation. If you are a Christian, a Christ-follower, you have been born again. God has brought about a spiritual transformation inside of you, and your identity is now tied to your new birth. You are no longer who you once were. The old you has passed away. Therefore, you are called to live in accordance with your new identity. All this newness is from God, who has reconciled us to himself through Jesus Christ. Embracing Jesus today, changes who you are tomorrow. Living for Jesus helps us to break off the residue and chains of our past. So, let go of your past and let God do a breakthrough of inner transformation in your life today.

### **PRAYER:**

God thank you for sending your son, Jesus, to die for my sins. He paid a debt He did not owe because I had a debt I could not pay. Thank you for your sacrifice and love. I embrace your plans and purposes for my life. I leave my old self behind, to embrace the new me you desire me to be. I trust you and believe you will continue the good work you have started in me. In Jesus’ name, I pray, Amen.

# 2

**WEEK**



## 8: BREAKTHROUGH IN MY FAITH AND TRUST IN GOD

### **MATTHEW 14:28-33**

**"LORD, IF IT'S YOU," PETER REPLIED, "TELL ME TO COME TO YOU ON THE WATER."**

**"COME," HE SAID. THEN PETER GOT DOWN OUT OF THE BOAT, WALKED ON THE WATER AND CAME TOWARD JESUS. BUT WHEN HE SAW THE WIND, HE WAS AFRAID AND, BEGINNING TO SINK, CRIED OUT, "LORD, SAVE ME!" IMMEDIATELY JESUS REACHED OUT HIS HAND AND CAUGHT HIM. "YOU OF LITTLE FAITH," HE SAID, "WHY DID YOU DOUBT?" AND WHEN THEY CLIMBED INTO THE BOAT, THE WIND DIED DOWN. THEN THOSE WHO WERE IN THE BOAT WORSHIPED HIM, SAYING, "TRULY YOU ARE THE SON OF GOD."**

### **REFLECTION:**

At times God asks us to do things that are seemingly illogical. We want to walk in faith, and like Peter in Matthew 14:28, we may even ask the Lord to call us out into faith. In our minds, we know that we can trust Him. But what happens when the wind starts to blow as soon as we've stepped out in faith? Do we waiver like Peter? Do we only see the wind, or do we trust Jesus?

When our circumstances are swirling around us, the word of God sustains us. Romans 10:17 tells us that "faith comes from hearing, and hearing by the word of Christ." When God asks us to walk on water, as crazy as it may seem, we know His word can be trusted. But we can only know His word when we are seeking after Him.

Have you ever stepped out in faith and then some overwhelming life circumstance hits you and all faith & trust feel lost? You're not alone. Even Peter waivered. In these moments, as hard as it is, we must not trust our own understanding but trust in God. When we trust Him & seek Him, He will direct our paths (Proverbs 3:5-6). If we are to experience all that God has for us, we must choose to not be led by our own knowledge or wisdom, but fully lean on Him for everything.

What area is God asking you to step out in faith and join Him on the water? How can you partner with God to experience a breakthrough in your faith and trust in Him?

### **PRAYER:**

Father, I want to be a person of faith. I desire to step out of my comfort and into the places you have called me. Today, I am choosing to step out in faith and trust You. As I step out, help me remain steadfast, believing in You because of Your truth. Lord, help me keep my eyes on You when circumstances attempt to toss me like the wind. Today, I choose to trust You. Amen.



## 9: BREAKTHROUGH IN MY SPIRITUAL GROWTH

### COLOSSIANS 1:9-10

**"FOR THIS REASON WE ALSO, SINCE THE DAY WE HEARD IT, DO NOT CEASE TO PRAY FOR YOU, AND TO ASK THAT YOU MAY BE FILLED WITH THE KNOWLEDGE OF HIS WILL IN ALL WISDOM AND SPIRITUAL UNDERSTANDING; THAT YOU MAY WALK WORTHY OF THE LORD, FULLY PLEASING HIM, BEING FRUITFUL IN EVERY GOOD WORK AND INCREASING IN THE KNOWLEDGE OF GOD."**

### REFLECTION:

Have you ever stood and looked at a tree that stood tall and marveled at the sight? Some states even have trees that go to the towering height of 300 ft tall. The interesting thing is that the tree is not actually "trying" to grow. If it remains planted, its roots receive key nutrients, and the tree itself receives good sunlight, It WILL grow!

Maybe you are in a place in your spiritual life where you have been desiring to grow to the next level. A new level in your faith. A new level in your understanding of God's Word. And maybe even in a new level of sharing God's love with others and being used by the Lord. Spiritual growth has more to do with how rooted you are in the presence of God. This is why Jesus says

in John 15 that "if" we "remain" in Him, we "will" bear much fruit. Like the tree that is planted and receiving the nutrients through streams of water and the beams of sunlight, we too experience growth when we remain planted in the Word and ways of the Son of God. Paul expressed in Colossians 1:9-10 that he did not cease to pray that they be filled with the knowledge of God's will and wisdom, and they would walk worthy of the Lord. The truth is, the more we are spending time in God's Word and applying it to ourselves, we will experience breakthroughs in our spiritual lives because His Word transforms and renews us. It will expose and confront areas in our lives that need to be changed. He ends off these 2 verses by saying "being fruitful in every good work..." A healthy, growing tree WILL bear fruit, and this pleases God. Reflect on how you can continually be rooted in God so you can experience a breakthrough in your spiritual growth.

### PRAYER:

Our Father, we thank You for being our source. Thank You for never running out of whatever we are needing to grow. Everything we need is found in Your presence. Fill me with the knowledge of Your will so that I am able to walk worthy before You. I am believing that you will help me experience a breakthrough in my spiritual life. I believe it. And I receive it. In Jesus' name, Amen.

# 10: BREAKTHROUGH IN MY IDENTITY

## 1 PETER 2:9

**“BUT YOU ARE A CHOSEN PEOPLE, A ROYAL PRIESTHOOD, A HOLY NATION, GOD’S SPECIAL POSSESSION, THAT YOU MAY DECLARE THE PRAISES OF HIM WHO CALLED YOU OUT OF DARKNESS INTO HIS WONDERFUL LIGHT.”**

### REFLECTION:

There might be moments in life where we ask ourselves some critical questions. “Do I believe who the world says I should be? Am I conforming to ways that will make people like, accept, or celebrate me?”

Many, at some stage in life, ask themselves these types of questions. The issue we can face is when we start to think and act like everyone else around us. You see, as born-again believers, we belong to a different kingdom, the kingdom of light. The thoughts of “I am not enough”, or “I need to be like this person”, or “I must have this to be recognized”, should stay in the past. We have been adopted by God, through His Son Jesus Christ. This adoption has changed our name, changed our bloodline, and changed our identity. We have become a new creature in Christ Jesus and have been chosen by the King himself to be a part of His family. This makes us royalty, a shining light in a world full of darkness. We are to bring His

light into dark spaces to eliminate the darkness.

When you come into agreement with God’s declaration over your life that you are His, everything changes. You can break through the lies of the devil and receive all the father has declared for your life. How you see yourself and your purpose are all answered in His presence.

Today, breakthrough the lies of the deceiver and declare, I am a child of God, I am royalty, I am chosen, and I am special. The Lord placed me here on purpose, with a purpose. And I will fulfill all that He has assigned me to do in Jesus’ name!

### PRAYER:

Lord, Today I ask for forgiveness for agreeing with the lies of the enemy. I choose to believe that I’m enough, I’m important, and that I have a purpose. I let go of the lies of the devil and command every thought attached to his lie to leave my life now in the name of Jesus. I receive the truth of my Father that I am chosen, loved, redeemed, and special. I am royalty, I am a part of a chosen people, I am a vessel ready for the Master’s work. I am filled with the light of Christ, the knowledge of God, and the Holy Spirit’s power to make expand the kingdom of God. Today I declare with full understanding I know who I am and whose I am, and I refuse to be moved or shaken in Jesus’ name, Amen.

# 11: BREAKTHROUGH IN MY WILLINGNESS TO FORGIVE

## COLOSSIANS 3:13-14

**"BEARING WITH ONE ANOTHER AND, IF ONE HAS A COMPLAINT AGAINST ANOTHER, FORGIVING EACH OTHER; AS THE LORD HAS FORGIVEN YOU, SO YOU ALSO MUST FORGIVE. AND ABOVE ALL THESE PUT ON LOVE, WHICH BINDS EVERYTHING TOGETHER IN PERFECT HARMONY."**

### REFLECTION:

We are called to be Messengers of Hope, everywhere we go, to everyone we meet. We are to share the Hope that we've experienced! The hope that shows us that God has a purpose for us, a plan to prosper us, and gives us a future. The hope that

is found in the forgiveness that God has offered to us. So, if we have experienced this hope and forgiveness for ourselves, who are we to withhold that from those around us?

Paul, the writer of Colossians, encourages us to prioritize the harmony that we need to have with those around us. We must choose to forgive others. We've been forgiven of our sins, so, our response should be to extend the same grace that has been shown to us.

Don't focus on how people treat you. Learn this principle from the life of Jesus. He did not allow the actions of others to stop Him from extending grace and forgiveness. Imagine if Jesus chose not to forgive us? Where would we be? Be willing to extend to others what Jesus extended to us. Allowing God to help us see a breakthrough in our willingness to forgive, will open a blessing from Him in our lives as we grow in harmony with those around us.

### PRAYER:

Lord, I thank you for the gift of grace and forgiveness. I understand that I have sinned and fallen short of your glory. Thank you for forgiving and still accepting me. I choose to not withhold that from those around me. Search my heart Lord, to see if there is anyone that I need to forgive. I know with your love and strength, I can extend forgiveness to those that I need to. In Jesus' name, Amen.



# 12: BREAKTHROUGH IN MY ATTITUDES, EMOTIONS AND THOUGHTS

## PHILIPPIANS 4:8-9

**“AND NOW, DEAR BROTHERS AND SISTERS, ONE FINAL THING. FIX YOUR THOUGHTS ON WHAT IS TRUE, AND HONORABLE, AND RIGHT, AND PURE, AND LOVELY, AND ADMIRABLE. THINK ABOUT THINGS THAT ARE EXCELLENT AND WORTHY OF PRAISE. KEEP PUTTING INTO PRACTICE ALL YOU LEARNED AND RECEIVED FROM ME –EVERYTHING YOU HEARD FROM ME AND SAW ME DOING. THEN THE GOD OF PEACE WILL BE WITH YOU.”**

### REFLECTION:

Paul pens this passage to the church of Philippi while he was in prison. Could you imagine? Being in one of the most discouraging places, and yet still, Paul reminds the church to “Think about things that are excellent and worthy of praise.” Despite his situation, Paul was leading by example by shifting his emotions, his attitudes, and his thoughts on things above and admonishing the church of Philippi to do the same. Today, be encouraged that, when we intentionally align our thoughts with the nature of God, that God’s peace will be with you no matter the issues that you walk through. Let’s decide today to step out of the prison of discouragement

and realign our attitudes to the heart of God. Allow His thoughts to be your thoughts. This alignment does not come easy. To “Fix” something sometimes requires breaking things apart and putting them back together. Let’s allow the Lord access to fix the attitudes and the broken thought patterns that have held us down. God desires for us to live lives that are true, honorable, right, pure, lovely, and admirable. The only way we can do this is if we truly come back to the heart of God and dwell on these things. This is how we can experience the breakthrough God wants to bring in our lives.

What has your mind been focused upon? Take a moment today to realign those thoughts with the promises God has for you.

### PRAYER:

Lord, today I choose to honor You. You are worthy of my praise and deserving of my worship. Your word says to dwell on things that are “excellent and worthy of praise”, and that’s who You are. I praise You as the Lord over my thoughts, attitudes, and emotions. Lord, forgive me when I have allowed other things to determine my heart’s posture. Today, God, I ask You to come in and realign my thoughts. I give You complete access, knowing that You hold my breakthrough. In Jesus’ name, Amen.

# 13: BREAKTHROUGH OVER STRONGHOLDS / HABITS / ADDICTIONS

## **GALATIANS 5:1**

**“IT IS FOR FREEDOM THAT CHRIST HAS SET US FREE. STAND FIRM, THEN, AND DO NOT LET YOURSELVES BE BURDENED AGAIN BY A YOKE OF SLAVERY.”**

### **REFLECTION:**

Sometimes people miss the obvious, so Paul sums things up for the Galatians and for us. Why did Christ set us free? So that we could be free; it's that simple. Spiritual freedom is deliverance from the power and bondage of sin so that we can serve the living God as well as His people. It is freedom from this world and the control of our flesh so that we can experience the life that Jesus offers.

Freedom allows and enables us to obey the one who gives us the ability to do so. We are to seek to please God in everything we say and do. Grace is accessed by faith to both motivate and empower us to break free from those things that hold us down.

Your freedom is why Jesus died. At the cross, Jesus purchased your life. His sacrifice has set you free from sin and death. The resurrected Christ has broken every chain. You should no longer walk in darkness. Your faith in Jesus grants the power and authority to walk in new life. God's word declares that whom the Son sets free, is free indeed! Every stronghold is broken. Every fleshly habit is cursed and dead at the root. Every addiction in your life is declared powerless. In Jesus' name, you are free, child of God. Free to walk in God's divine purpose and plan for your life. In the power of the cross is where you will find your breakthrough.

### **PRAYER:**

All-powerful, everlasting father, I come humbly before your throne of amazing grace today. By your stripes, I am healed. I have the mind of Christ, and I walk in new life. Lord Jesus, I am free! Hallelujah. I love you, Jesus. Thank you for setting me free and giving me new life. I am forever changed. Lord, I ask that you use my life and testimony to help others find their freedom and new life in you. In Jesus' name, Amen.



# 14: BREAKTHROUGH IN STEWARDSHIP OF MY GIFTS/ABILITIES

**MATTHEW 25:14-15,29**

**14 "AGAIN, IT WILL BE LIKE A MAN GOING ON A JOURNEY, WHO CALLED HIS SERVANTS AND ENTRUSTED HIS WEALTH TO THEM. 15 TO ONE HE GAVE FIVE BAGS OF GOLD, TO ANOTHER TWO BAGS, AND TO ANOTHER ONE BAG, EACH ACCORDING TO HIS ABILITY. THEN HE WENT ON HIS JOURNEY.**

**29 FOR WHOEVER HAS WILL BE GIVEN MORE, AND THEY WILL HAVE AN ABUNDANCE. WHOEVER DOES NOT HAVE, EVEN WHAT THEY HAVE WILL BE TAKEN FROM THEM.**

## **REFLECTION:**

Like the servants, we have all been entrusted with things we must be good stewards with. Something we cannot forget is God has graciously given us gifts and abilities. We must acknowledge the gifts and abilities we have been given and be intentional in seeking opportunities to grow in them. While the servants were given different amounts, we have all been given different gifts according to the grace given to us (Romans 12:6-8). One is not better than the other. What matters is what we are doing with those God given gifts and abilities.

Ask yourself, what gifts and abilities do I have? Am I diligently seeking opportunities to grow and invest in my gifts and abilities? Have I been more like the servant who hid his talent? Have I been fearful of what others would think instead of what God thinks?

To experience breakthrough in our gifts and abilities we must be good stewards of them. First, we must identify our God given gifts and abilities to be able to better serve the body of Christ. Then, we should be intentional in using those gifts to impact and advance the Kingdom of God.

So, what gifts and abilities has God entrusted you with? How can you be a better steward of those things?

## **PRAYER:**

Father, thank you for entrusting me with God given gifts and abilities. Help me to acknowledge that you have given me gifts and abilities to be used for your glory. May I continuously seek opportunities to grow in them. I pray that I will receive a breakthrough in this area in my life as I steward those gifts and abilities. I desire to be a servant who will hear you say, "well done, my good and faithful servant." Thank you for allowing me to be a part of advancing your Kingdom here on Earth as I use my gifts and abilities to serve others for Your glory. In Jesus' name, Amen.



# 3

**WEEK**

# 15: BREAKTHROUGH IN MY CAREER/BUSINESS

## **GENESIS 39:3-4**

**“WHEN HIS MASTER SAW THAT THE LORD WAS WITH HIM AND THAT THE LORD GAVE HIM SUCCESS IN EVERYTHING HE DID, JOSEPH FOUND FAVOR IN HIS EYES AND BECAME HIS ATTENDANT. POTIPHAR PUT HIM IN CHARGE OF HIS HOUSEHOLD, AND HE ENTRUSTED TO HIS CARE EVERYTHING HE OWNED.”**

### **REFLECTION:**

Believing for breakthrough in your career requires a certain attitude that would draw others to not only realize that it is God that is working within you, but your abilities are supernatural. Even the job that you have has been assigned by God and he has it under control.

Everything we do in our field is for God. The struggle you are having to land more clients is God's vessel to help you depend on Him. Our earthly careers and business are exactly what God desires to use to make us more into the image of His Son.

Therefore, we will stand in great expectation knowing that God is leading us to become more faithful to the tasks He has assigned to us. To have breakthrough in our careers and businesses is to believe that God is the master over it all. He will give us the exact tools that are needed to succeed. So, when the pressures of

the career/business are getting too much for us to bear, we remember to cast all worries onto God, because He cares for us (1 Peter 5:7).

By allowing God full access to our career/business, we invite Him into every area to help us manage the load.

To experience a breakthrough in your career, allow God to guide every word and decision. Humble yourself before the Lord each day and bring your situations to Him. He wants to meet you in your career/business to help you be successful in everything you do.

Is there discouragement in your heart today? Write it down and release it to our perfect God.

### **PRAYER:**

Lord, I bow before You, recognizing that I have not given you full access to me within my career and my business. I ask that you help me to realign my focus when pulling into the workplace. I ask that you help me make new habits where I ask you for your decision as it pertains to anything that must do in my career field. I thank you that even in my unknowingness you still reign true and are constant. I thank you for the favor you have granted me and the mercy that leads you. Your ways and thoughts are so much higher than mine, and I acknowledge my need for You. I reject pride from my life, for I confess I am nothing without You. I submit my desires, my will, and my life to You. In Jesus' name, Amen.



# 16: BREAKTHROUGH IN MY PURPOSE

**JEREMIAH 29:11**  
**“FOR I KNOW THE PLANS I HAVE FOR YOU,” DECLARES THE LORD, “PLANS TO PROSPER YOU AND NOT TO HARM YOU, PLANS TO GIVE YOU HOPE AND A FUTURE”**

## **REFLECTION:**

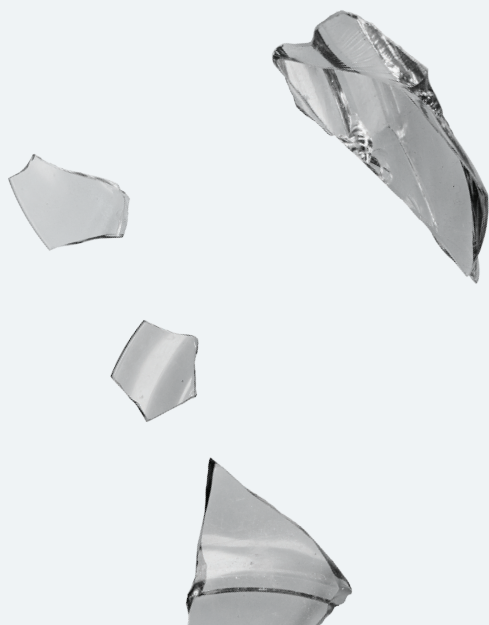
We might imagine that these words could be used to give encouragement to someone who has accomplished great things and is on their way to even greater things. But that was not the case in this passage. The Lord was speaking through the prophet Jeremiah to the people of Israel who were in exile. The people just learned that they would be in exile for many more years before they could return to their homeland. So, it's safe to say they were not feeling positive about their purpose or future.

These feelings aren't reserved to just the Israelites, in fact, today you may find yourself in a similar place of discouragement. Maybe life has turned in an unfortunate way or maybe your own decisions have brought you to this place. Either way, we must turn our attention to the fact that our purpose, our hope, and our future are all found in Jesus.

Jesus has the power to redeem and restore us into a confident hope. When we allow the Holy Spirit to go deep into our pain, disappointments, and failures, we can experience a refocusing of our purpose in him. Doubts may still creep up, threatening to steal our hope, but each time that happens we should stop and seek God. We can ask Him to show us His purpose by revealing what is true about who we really are. When we ask Him to help us re-define our future, God tells us in Jeremiah 29:14, “I will be found by you...and will bring you back from captivity.” And when we find God, we find breakthrough.

## **PRAYER:**

Lord, heal my hurts and give me hope as I learn to trust the plans You have for me. I'm coming to You and seeking You with all my heart today. May I find breakthrough in the purpose of my life, lead me into a place of confident hope. In Jesus' Name, Amen.



# 17: BREAKTHROUGH IN MY HARVEST FIELD

## 2 PETER 3:9

**“HE ISN’T REALLY BEING SLOW ABOUT HIS PROMISED RETURN, EVEN THOUGH IT SOMETIMES SEEMS THAT WAY. BUT HE IS WAITING, FOR THE GOOD REASON THAT HE IS NOT WILLING THAT ANY SHOULD PERISH, AND HE IS GIVING MORE TIME FOR SINNERS TO REPENT.”**

### **REFLECTION:**

God’s apparent slowness to intervene on some occasions is not a delay of his promise, as some understand delay. Rather, it is an opportunity for humans to fulfill their responsibilities. The supreme example of this principle is that God delays final judgment because he does not want any to perish but all to come to repentance and believe the gospel. Every day that passes is one more example of God’s longsuffering grace towards us. And for us as believers, it’s another opportunity to partner with Him to share the Good News of Christ. And we should do it with boldness, as he compels us to go and make disciples.

As the Lord leads us in our daily lives, we interact with many people. All these interactions are opportunities that God entrusts us with. He gives us divine opportunities as believers to share the Message of Hope with those around us.

God has given us the empowerment of His Holy Spirit and commissioned us to go out into a lost and dying world, to be His Messengers of Hope. We can best minister to those around us as we yield to the leading of the Holy Spirit and are obedient to his prompting and directions. Only then can we effectively minister to them. If we are going to experience a breakthrough in reaching those around us, we must identify the opportunities God gives us and be willing to allow the Holy Spirit to use us in any way He desires.

### **PRAYER:**

Lord, I am thankful that you are a patient God, and that your heart’s desire is to see everyone come to know you as Lord & Savior. I pray for the activation of your Holy Spirit in my life, so I may be an effective messenger of your hope. As I share your truth with those around me, I pray for a breakthrough so that they will all be raised from spiritual death to new life in Christ Jesus. I believe your promise of returning, and I declare that as I reach my friends, family, and others, you will help bring about a breakthrough in all hearts being turned back to you. In Jesus’ name, Amen.

# 18: BREAKTHROUGH IN BUILDING GOD'S KINGDOM GLOBALLY

**MATTHEW 24:14**

**“AND THE GOOD NEWS ABOUT THE KINGDOM WILL BE PREACHED THROUGHOUT THE WHOLE WORLD, SO THAT ALL NATIONS WILL HEAR IT, AND THEN THE END WILL COME.”**

## **REFLECTION:**

We play an important role in the Good News reaching the entire world. Every nation and every people group deserves to hear about the Good News of Jesus Christ. Many times, as Christians, we think this responsibility of sharing the Good News falls onto the church organization. That is an incorrect view. As followers of Jesus, we don't just go to church, we are the church, and we exist to help reach the world for Him.

Here are 3 easy ways we can partner with God in seeing a breakthrough for His kingdom around the world:

**1. Pray -** Ask God to speak to you about how He can use you to be a catalyst of His good news. You never know what could be on the other side of your yes to God's will for your life. Also, pray daily for our World Missionaries as God uses them in a mighty way to minister all over the world. Pray for effectiveness in the work of their ministry, so many would come to know Jesus Christ.

**2. Give -** As a Messenger of Hope, we must be compelled to not only pray but to also give. Ask God to touch your heart so you would generously give financially to support our Missionaries all over the world. Ask God to give you a heart for the world.

**3. Go -** God could be calling you to step out of your comfort to reach the nations. It could be a long-term or short-term calling to missions. Either way, God wants to use you. These experiences will fuel your fire to pray and to give. And as you answer the call of God, He will help you create a lasting impact in the lives of those you will minister to.

## **PRAYER:**

Lord, thank you that you made the ultimate sacrifice on the cross, for my sins and the sins of the world. Jesus, I promise to share the same love & forgiveness that I received from you to a lost and dying world. Father, I make a commitment to be a Messenger of Hope everywhere I go and to everyone I meet. I understand the opportunity and responsibility that I have as a Christian to share your Good News around the world. I will not take this responsibility lightly or for granted. In your name, I pray, Amen.



# 20: BREAKTHROUGH IN LOVING OTHERS

**ROMANS 12:10**  
**“BE DEVOTED TO ONE ANOTHER IN LOVE. HONOR ONE ANOTHER ABOVE YOURSELF.”**

## **REFLECTION:**

This passage of Romans is discussing the relationship that exists between the believer and others in the faith. Paul is describing a relationship where each person humbles themselves to know they are part of a body with varying gifts and abilities. And in this framework, no one should esteem themselves above another.

Devotion is described as tender kindness, brotherly love, and being affectionate towards others. Honor is the act of willingly valuing someone and paying respect to them. If we can recognize each person, or “part”, of the body of Christ is uniquely valuable, we see how this scripture is imperative to obey.

Do you view the people you connect with on a regular basis in this way? Do you recognize the unique value of the person that happens to sit next to you? Are you willing to serve them with tender kindness, ascribing value to them, and showing sincere and genuine affection towards them?

This is what God is calling us to do. Let’s not merely be people who think

great things about others, but let’s also be people who treat one another well, giving them more honor than we give to ourselves. We will see a breakthrough when we are living out this truth with respect and care.

## **PRAYER:**

Lord, thank You for Your unfailing love towards me. A love that reaches to me in every season and situation of my life regardless of where I am. Lord, as I see the value You place in everyone, teach me how to be devoted to others in love as well. Renew and fill my heart with a sacrificial love that goes beyond my comfort zone. Help me to share a love that values, a love that honors. Give me a fresh revelation of how valuable every member of the body is and how all people are worthy of honor. In Jesus’ name, Amen.

# 21: SUSTAINING BREAKTHROUGH

## LUKE 4:13

**“NOW WHEN THE DEVIL HAD ENDED EVERY TEMPTATION, HE DEPARTED FROM HIM UNTIL AN OPPORTUNE TIME.”**

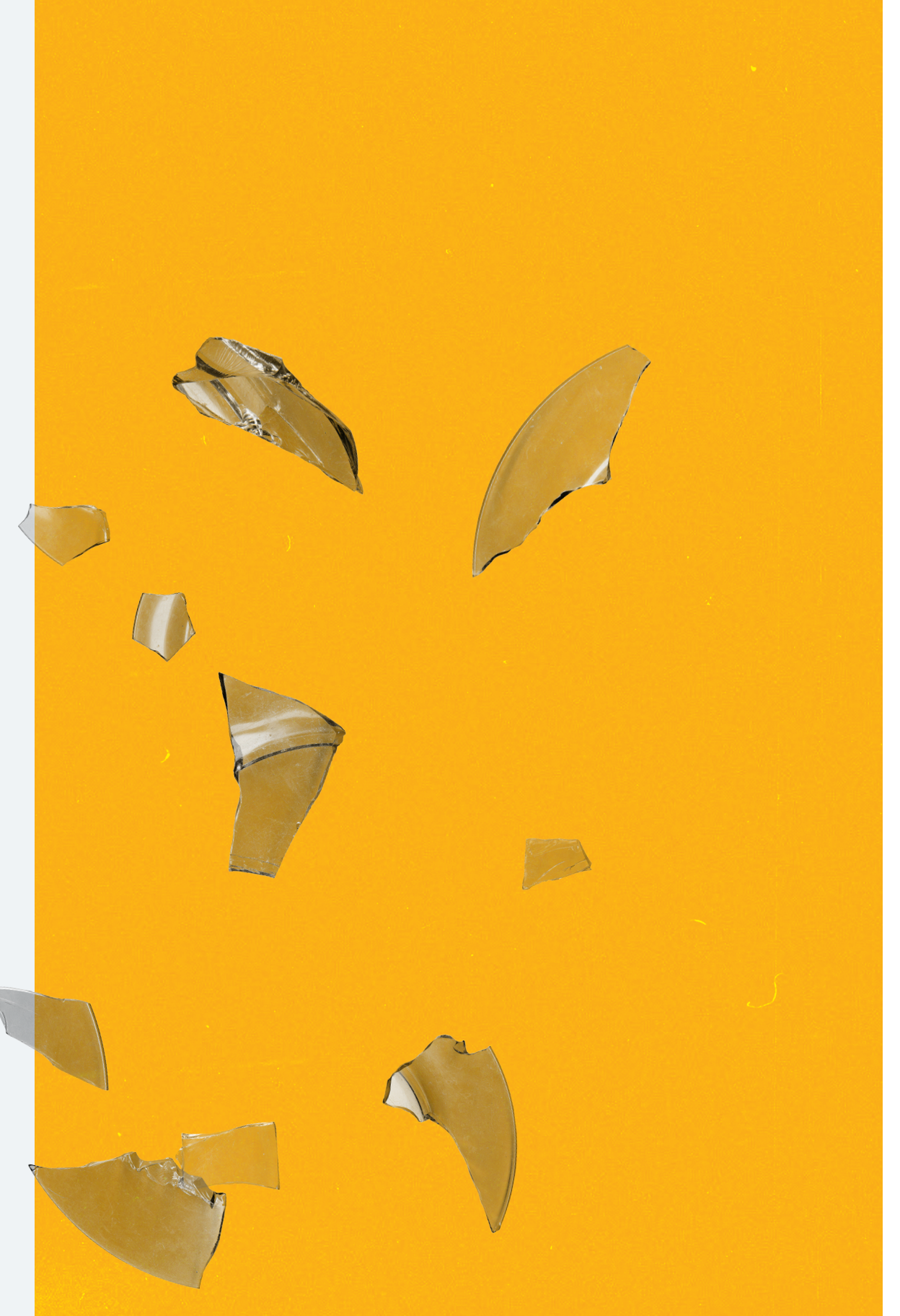
### **REFLECTION:**

Once we have obtained a breakthrough in any area, we must remain alert to keep from losing that breakthrough. To sustain our breakthroughs, we must first guard what we believe. Our Minds. Those with sustained victory are those who fill their minds with a constant diet of God's Word. The enemy will try to reenter through the gateway of temptation or doubt if not protected by God's Word. Filling your mind in this way takes discipline. If you recently experienced a breakthrough, find scriptures relating to your victory and stand on them. When the mind is fixed on truth, the enemy doesn't have the slightest crack through which he can reenter. Secondly, to sustain our breakthroughs we must guard what we confess. Our Mouths. Faith is like an insect repellent to Satan or to any obstacle. And so, if you want to keep issues from having influence over you, the best way to fill yourself with faith is to make a habit of keeping God's Word on our mouth. "Therefore, brothers and sisters who are partners in the heavenly calling, think about Jesus, the apostle and high priest of our confession." (Hebrews 3:1) The word confession means "to say the same thing as." We need to say about ourselves and our situations what Jesus, the High Priest, says about us and our circumstances in His word. Jesus

is confessing that we are more than conquerors (Romans 8:37), we're righteous in Him (2 Corinthians 5:21), and we can do all things through Him (Philippians 4:13). Confessing God's Word over your life brings about great results. And thirdly, to sustain our breakthroughs we must guard our obedience in what we do. Our Methods. When we walk in obedience to God we position ourselves under the shadow of His protection. God not only wants us to know His word, He also wants us to obey His word in the actions and methods we live our lives. Jesus puts it this way, "But even more blessed are all who hear the word of God and put it into practice." (Luke 11:28) Walking in and sustaining our God-given victories and breakthroughs relies on the power that is in God's Word (Hebrews 4:12). But we must believe God's Word, Confess God's Word, and Live God's Word. When we do, we are positioned for sustaining our breakthroughs!

### **PRAYER:**

Lord, strengthen me so I can remain steadfast in your truth. I stand fully equipped knowing that the weapons of my warfare are not carnal but mighty through God to the pulling down of strongholds. I cast down vain imaginations and pull down every enemy stronghold over my life and my bloodline. Now Lord, I praise You for my victories through Jesus Christ. I thank you in advance that the battle is already won. I rejoice in You, and I am strengthened to continue fighting every good fight of faith. I give you glory and honor, for you alone are worthy of my adoration. In Jesus' name, Amen.





## CHRISTIAN LIFE CENTER

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